

Child Nutrition Programs

**MEAL PATTERNS AND NUTRITION STANDARDS**

Click links below for Information and Guidance

**National School Lunch Program (NSLP) and School Breakfast Program (SBP)**

[School Meal Patterns with Flexibilities for SY 2018/2019](https://fns-prod.azureedge.net/sites/default/files/dietaryspecs.pdf)

(<https://fgi.risevt.org/wp-content/uploads/2018/09/Breakfast-Lunch-requirements.pdf>)

[Q & As on Final Rule “Nutrition Standards in the National School Lunch and School Breakfast Programs”](https://www.fns.usda.gov/qas-final-rule-nutrition-standards-national-school-lunch-and-school-breakfast-programs)

(https://www.fns.usda.gov/qas-final-rule-nutrition-standards-national-school-lunch-and-school-breakfast-programs)

[Dietary Guidelines for Americans 2015-2020 (8th edition)](https://health.gov/dietaryguidelines/2015/guidelines/)

(https://health.gov/dietaryguidelines/2015/guidelines/)

[School Meals - Tools for Schools](https://www.fns.usda.gov/school-meals/tools-schools)

(https://www.fns.usda.gov/school-meals/tools-schools)

[USDA Foods Available List for School Year 2019 for Schools and Institutions](https://fns-prod.azureedge.net/sites/default/files/fdd/schools-institutions-foods-available.pdf)

(https://fns-prod.azureedge.net/sites/default/files/fdd/schools-institutions-foods-available.pdf)

[Updated Offer vs Serve Guidance for the NSLP and SBP](https://www.fns.usda.gov/updated-offer-vs-serve-guidance-nslp-and-sbp-beginning-sy2015-16)

(https://www.fns.usda.gov/updated-offer-vs-serve-guidance-nslp-and-sbp-beginning-sy2015-16)

**Child and Adult Care Food Program (CACFP)**

[USDA FNS Final Rule: CACFP Meal Pattern Revisions](http://www.fns.usda.gov/cacfp/fr-042516)

(https://www.fns.usda.gov/cacfp/fr-042516)

[USDA FNS - NEW CACFP Meal Standards and Patterns Charts](http://www.fns.usda.gov/cacfp/meals-and-snacks)

(https://www.fns.usda.gov/cacfp/meals-and-snacks)

[MDE CACFP Independent Centers and Sponsors of Centers](http://www.michigan.gov/mde/0%2C4615%2C7-140-66254_25656-291243--%2C00.html)

(https://www.michigan.gov/mde/0,4615,7-140-66254\_25656-291243--,00.html)

[Preschool Meal Patterns](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ffns-prod.azureedge.net%2Fsites%2Fdefault%2Ffiles%2Fcn%2FSP01-2018os.pdf&data=02%7C01%7CSaulT1%40michigan.gov%7C77ce2faa6d334d87e8b908d6677d50bd%7Cd5fb7087377742ad966a892ef47225d1%7C0%7C0%7C636810185266886605&sdata=Euqj0m4Kdisyi7IM0cA6DKjqOg39frxc7o4Bt%2FlyQKA%3D&reserved=0)

(https://fns-prod.azureedge.net/sites/default/files/cn/SP01-2018os.pdf)

**Summer Food Service Program (SFSP)**

[SFSP Meal Patterns](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ffns-prod.azureedge.net%2Fsites%2Fdefault%2Ffiles%2Fcn%2FSP01-2018os.pdf&data=02%7C01%7CSaulT1%40michigan.gov%7C77ce2faa6d334d87e8b908d6677d50bd%7Cd5fb7087377742ad966a892ef47225d1%7C0%7C0%7C636810185266886605&sdata=Euqj0m4Kdisyi7IM0cA6DKjqOg39frxc7o4Bt%2FlyQKA%3D&reserved=0)

(https://www.fns.usda.gov/sfsp/meal-patterns)

[SFSP Nutrition Guidance Manual](https://fns-prod.azureedge.net/sites/default/files/sfsp/USDA_SFSP_NutritionGuide.pdf)

(https://fns-prod.azureedge.net/sites/default/files/sfsp/USDA\_SFSP\_NutritionGuide.pdf)

[MDE SFSP Website](https://www.michigan.gov/mde/0%2C4615%2C7-140-66254_34491---%2C00.html)

(https://www.michigan.gov/mde/0,4615,7-140-66254\_34491---,00.html)