

Kindergarten	Physical	Education	Curriculum			
Physical Education	State Standards (MDE)	Strand	Skills	Objective	Assessment	Materials/resources
K	1&2 - Students use movement concepts and principles in the development of motor skills	Motor skill	Hopping	Demonstrate basic hopping	Observation, pre and post test. Assessed on report card	Michigan Standards
K	1&2-Students use movement concepts and principles in the development of motor skills	Motor skill	All other locomotor skills	Demonstrate basic locomotor movements: skipping, galloping, jumping, etc..and overall body control	Observation and assessed on report cards	Michigan Standards
K	1&2- Students use movement concepts and principles in the development of motor skills	Manipulative skills	Introduction to throwing, catching, kicking, rolling, dribbling, scooterboards, and striking with and without implements	Introduce basic manipulative skills	Observation and participation	Michigan Standards, balls, sticks, bats, frisbees, pins,etc...
K	1&2-Students use movement concepts and principles in the development of motor skills	Cooperative games	Teamwork, cooperation, communication	Introduce the idea of cooperative play	Observation and participation	Michigan Standards
K	4-Achieves and maintains a health-enhancing level of physical fitness	Fitness activities	Cardiovascular, flexibility, and muscular exercises	Introduce basic fitness concepts and body parts	Observation and assessed on report cards	Michigan Standards
K	1&2-Students use movement concepts and principles in the development of motor skills	Rhythmic activities	Dance, jump rope, and other activities to music	Introduction to basic rhythmic activities	Observation and participation	Michigan Standards