

3rd Grade	Physical	Education	Curriculum			
Physical Education Grade	State (MDE) Standard	Strand	Skills	Objectives	Assessment	Material/Resouces
3	1&2- Students use movement concepts and principles in the development of motor skills	Motor Skill	Reinforce all locomotor movement skills	Demonstrate locomotor movements	Observation and participation	Michigan Standards
3	1&2- Students use movement concepts and principles in the development of motor skills	Manipulative Skills	Reinforce throwing, catching, kicking, rolling, dribbling, and striking with and without implements	Demonstrate manipulative skills	Observation and assessed on report card	Michigan Standards
3	1&2- Students use movement concepts and principles in the development of motor skills	Cooperative Skills	Teamwork, cooperation, and communication	Demonstrate cooperative play	Observation and participation	Michigan Standards
3	4- Achieves and maintains a health-enhancing level of physical fitness	Fitness Activities	Cardiovascular, flexibility, and muscular exercises	Demonstrate fitness concepts	Observation and participation	Michigan Standards
3	1&2 -Students use movement concepts and principles in the development of motor skills	Rhythmic Activities	Dance, jump rope, and all other activities with music	Demonstrate rhythmic activities	Observation and participation	Michigan Standards
3	1&2- Students use movement concepts and principles in the development of motor skills	Team Games	Demonstrate throwing, catching, kicking, strategy, offensive and defensive strategies	Demonstrate team concepts	Observation and assessed on report card	Michigan Standards

3	1&2- Students use movement concepts and principles in the development of motor skills	Aquatics	Introduce basic elements of water safety, basic skills of front and back float, kicking, and water aerobics	Demonstrate basic elements of water safety, basic skills of front and back float, kicking, and water aerobics	Observation and participation	Michigan Standards
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