

1st Grade	Health	Curriculum				
Grade	Standard	Strand	Objective	Assessment	Resources	Lessons used
1st	Standard 1 Apply health promotion and disease prevention concepts and principles to personal, family, and community health issues.	Social and emotional health	Showing courtesy, decision and problem solving skills	Formative ie: verbal and nonverbal feedback	Michigan Model Health	2,3,4,5, & 7
1st	Standard 1 Apply health promotion and disease prevention concepts and principles to personal, family, and community health issues.	Safety	Prevention of fire and burn hazards, intro to the 3 d's,	Formative ie: verbal and nonverbal feedback	Michigan Model Health	1,2,3,4,5, & 6 (lesson 7 combined with counselor)
1st	Standard 1 Apply health promotion and disease prevention concepts and principles to personal, family, and community health issues.	Nutrition and physical activity	Benefits of eating from the 5 food groups and physical activity	Formative ie: verbal and nonverbal feedback	Michigan Model Health	1,2,& 3
1st	Standard 1 Apply health promotion and disease prevention concepts and principles to personal, family, and community health issues.	Alcohol, Tobacco, and other drugs	Safe use of medicines, intro to illegal drugs, avoiding poisons, intro to second hand smoke	Formative ie: verbal and nonverbal feedback	Michigan Model Health	1, 2, & 3

1st	Standard 1 Apply health promotion and disease prevention concepts and principles to personal, family, and community health issues.	Personal Health and wellness	Hygiene and caring for teeth	Formative ie: verbal and nonverbal feedback	Michigan Model Health	1, 2, & 3
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